



TESTOSTERONE REPLACEMENT THERAPY

New England Center for Functional Medicine offers personalized protocols to improve and restore testosterone levels to get you back in the game at your best self.

SYMPTOMS of low testosterone include low sex drive, fatigue, reduced muscle mass, hair loss, low back pain, erectile dysfunction, weight gain, irritability, bone loss, loss of physical strength and depression.

TESTOSTERONE OPTIMIZATION Every patient receives a complete medical assessment and personalized plan for his optimal health, wellness and testosterone levels. Dietary, exercise and lifestyle changes are implemented. Supplements and botanicals are used to improve symptoms as well as testosterone levels. Prescription options for testosterone replacement therapy are provided by our compounding pharmacies.

ESTROGEN REDUCTION Elevated estrogen levels can lead to symptoms of low testosterone. Supplements and botanicals are used to improve symptoms as well as lower estrogen levels. Prescription estrogen blockers may be given with some testosterone replacement therapy. This allows for the maximal effect of the testosterone with the minimal dose needed.

NATURAL PHYSIOLOGY Over time the natural physiology of a man's testosterone can be compromised from testosterone replacement therapy. We recommend taking selective estrogen receptor modulators (SERMs) periodically to return the natural physiology in a man's body.

LABORATORY Laboratory assessments and follow-up appointments are made to ensure optimal levels of testosterone and estrogen for each patient.

