



BIOIDENTICAL HORMONE REPLACEMENT THERAPY

New England Center for Functional Medicine offers personalized protocols to restore imbalanced hormone levels in order to feel like yourself and regain your youthful energy and appearance.

SYMPTOMS of menopause and perimenopause include irregular periods, vaginal dryness, hot flashes, night sweats, sleep problems, chills, mood changes, weight gain, slowed metabolism, thinning hair, dry skin and loss of breast fullness.

BIOIDENTICAL HORMONE REPLACEMENT THERAPY Every patient receives a complete assessment and personalized plan for her optimal hormone balance and symptom complaints. Prescription bioidentical hormones are provided by our compounding pharmacies. Topical forms of estrogen, progesterone and testosterone are available.

BOTANICAL ALTERNATIVES Hormone replacement therapy is a very personal decision and is not for everyone. For that reason, we provide botanical alternatives to alleviate the symptoms of menopause.

NATURAL PHYSIOLOGY If you are healthy, most experts agree that hormone replacement therapy is safe to use at the lowest dose that helps for the shortest time needed. Because of that we begin with low doses and work up to the minimum dose necessary to alleviate symptoms

LABORATORY Laboratory assessments and follow-up appointments are made to ensure optimal levels of hormones as well as symptom improvements for each patient in order to suit her personal needs.

